



Northern Plains Tribal Epidemiology Center

NPTEC remembers Carole Anne Heart

The Northern Plains Tribal Epidemiology Center (NPTEC) would like to welcome you to the first issue of the NPTEC newsletter! This issue is dedicated to the late Carole Anne Heart, Executive Director for the Aberdeen Area Tribal Chairmen's Health Board, who lost her battle against cancer on January 25, 2008. She was 61.

Carole Anne, a Sicangu Lakota and Ihanktowan Dakota, was a national advocate for Indian health and education. She sat on various health committees, work groups, and was key in organizing the Direct Service tribes. In 2001, she served as President of the National Indian Education Association, in which she spoke out against the use of Indians as

mascots and advocated for strategies to improve Indian student graduation rates.



**Carole Anne Heart
1946-2008**

Her Lakota name was Waste Wayankapi Win, which means "When they see her, they see good". Carole Anne lived up to her name as she dedicated her

life to bettering Indian communities.

Carole Anne was one of the Creator's bright lights that lifted everyone around her. She was well-known for her sharp humor; which was evident in the last letter she sent to AATCHB staff encouraging everyone to "have fun" and made the request from staff, "Send me your best jokes." The NPTEC and other AATCHB staff miss her very much and have dedicated themselves to continuing the good work she started.

In the late summer 2008, Dr. Don Warne was selected as the new AATCHB Executive Director. He will be featured in the next issue of the NPTEC Newsletter.

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About our Newsletter

The NPTEC quarterly newsletter will provide updates on current projects, tribal health news, upcoming events and trainings, information on a variety of health topics, NPTEC program profiles, legislative updates, and recognize outstanding programs, individuals, or students from the region.

In this first issue, we'd like to introduce you to NPTEC by providing you a brief background of the Epi Center; a welcome from our Director; creating cancer awareness article; a listing of our staff and programs, and upcoming events from around Indian country.

If you would like to receive the NPTEC quarterly newsletter, please contact Jennifer Irving at jirving@aatchb.org or (605) 721-1922.

More about NPTEC

The Northern Plains Tribal Epidemiology Center (NPTEC) was established by the Aberdeen Area Tribal Chairmen's Health Board (AATCHB) in September 2003. AATCHB is governed by Chairmen or Presidents of the 17 tribes and one service area in South Dakota, North Dakota, Nebraska and Iowa.

NPTEC was established to provide leadership, technical assistance, support, and advocacy to the Northern Plains tribal nations and communities in order to eliminate the

disparities in health that currently exist for tribal people of the area.

NPTEC emphasizes the development of projects that deliver services of direct benefit at the community level by focusing on prevention efforts based on the culturally appropriate medicine wheel concept of the spiritual, physical, social, and mental dimensions of health.

NPTEC has 6 major focus areas of operations:

- Health data access and dissemination to Aberdeen Area tribes.
- Health systems' surveillance and monitoring.
- Culturally-rooted health promotion and disease prevention.
- Epidemiological and health research in collaboration with academic institutions, including tribal community colleges.
- Public health capacity and workforce development.
- Accountability and reporting to stakeholders.



Northern Plains Tribal Epidemiology Center, Rapid City, SD

HPV and Cancer

Genital Human Papillomavirus (HPV) is the most common sexually transmitted infection. There are several types of HPV, some that cause genital warts and some that can cause cancer. If HPV is not cleared by a person's immune system, HPV can linger and over time can turn abnormal cells into cancer. The most common cancer associated with HPV is cervical cancer.

Vaccine prevents HPV

A vaccine is now available to protect females. The vaccine is recommended for 11 and 12 year old girls or for those ages 13-26 who have not previously been vaccinated.

For more information:

Ask your IHS provider
www.cdc.gov/std
1-800-cdc-info
1-800-783-9877

NPTEC Director Corner's - Welcome

Welcome to the 1st edition of the NPTEC newsletter! This first issue is dedicated to Carole Anne Heart who devoted her life to improving the health and wellbeing of American Indians.

The main purpose of this newsletter is to communicate the activities of the Epi Center to our tribal and non-tribal community partners, academic institutions, state and federal institutions and other entities that we partner with in providing leadership, technical assistance, advocacy and support for health care of Northern Plains American Indians.

Since inception in 2003, NPTEC staff has worked hard to initiate several health programs as outlined on the next page. Each of these programs will be featured in subsequent issues of the newsletter. We will provide updates on our projects, as well as highlight our activities and our partner's activities. The newsletter will also include an educational component that will bring newsworthy information

such as research findings, new and innovative ideas, and address topics that will benefit our readers.

I want to use this opportunity to welcome our new Executive Director, Dr. Don Warne who is coming from Arizona and is a member of the Oglala Sioux Tribe. Dr. Warne, we are glad to have you on board!

Please feel free to forward this newsletter to others you think may benefit from it or contact us to have people added to our mailing list. We welcome feedback on the newsletter and how we can better tailor it to serve your needs. We want you to know that NPTEC/AATCHB is here to serve you.

Adeola Jaiyeola
MD, MHSc

NPTEC Director



NPTEC - Programs and Staff

Northern Plains Comprehensive Cancer Control

Program (NPCCCP)

Northern Plains Cancer Coalition
Community Grant Project
Native Families Caregiving Project
Cancer Screening Project
Native American Cultural Competency Training for State
Health Departments

Northern Plains Tribal Cancer Data Initiative (NPTCDI)

Northern Plains Native American Research Centers for Health (NARCH) Program

Predicting Insulin Resistance in American Indian Youth
Screening for Asthma Among Children in Northern Plains
Tribal Communities
Validation of Mood Disorder Assessments with Northern
Plains Indians

Healthy Smiles Study

Using CBPR to Improve Oral Health in Northern Plains
Indian Children

Maternal and Child Health Program (MCH Epi)

South Dakota Tribal PRAMS (Pregnancy Risk Assessment
Monitoring System)
Healthy Native Babies

Science Education Partnership Award

Behavioral Health Initiative

Methamphetamine and Other Drugs Study

Data Management

Substance Abuse Data Gaps
Accessing STD/HIV Services Survey (ASHSS)

STD & HIV/AIDS Program

Northern Plains STD/HIV Task Force
National Native AIDS Awareness Day Activities

NPTEC Staff

Dr. Adeola Jaiyeola, MD, MHSc – NPTEC Director
Deanne Swan - Administrative Assistant (Crow Creek Sioux Tribe)
Lynn Big Eagle - Research Assistant (Crow Creek Sioux Tribe)
Shinobu Watanabe-Galloway, Ph.D. - Program Director, NPCCCP
Leah Frerichs, MS – Program Manager, NPCCCP
Tinka Duran – NPCCCP Outreach Coordinator/NPTCDI Research
Assistant (Rosebud Sioux)
Sayaka Kanade – Coordinator, NARCH
James Dunham – Director, Healthy Smiles Study
Jenny Ghost Bear - Research Assistant, Healthy Smiles Study
(Oglala Lakota/Hunkpapa/Ihanktowanna)
Jennifer S. Irving, MPH - MCH Coordinator/SDT PRAMS Data
Manager (Oglala Lakota)
Maurine Orwa, PhD, MPH, MA, CHES - Academic Liaison
Jennifer Richards, MPH – Coordinator, Behavioral Health
Initiative (Oglala Lakota/Diné/Taos)
Corey Smith, PhD - Epidemiologist
Mabel Granados – Program Coordinator, STD & HIV/AIDS
Program (Cheyenne River Sioux Tribe)

Creating Cancer Awareness:

October is Breast Cancer Awareness Month

Breast Cancer Facts:

Approximately 1 in 8 women in the US will get breast cancer some time during their life. It is the most common cancer affecting Northern Plains American Indian women, and is the third leading cause of cancer death. Breast Cancer screening can detect cancer early and increase survival chances.

Raise awareness in your community:

- Write an article for your local newspaper to promote cancer prevention and encourage breast cancer screening.
- Post educational displays in and around your clinic in October.

- Find ways to honor your community's survivors of breast cancer and other cancers, such as "Wear Pink Day" at work.
- Host a survivor's potluck for a luncheon or dinner.
- Remember community members lost to breast cancer and other cancers by creating a memorial wall or book at your tribal headquarters or clinic.
- Help raise funds for breast cancer research by putting a team together to participate in next year's Susan G. Komen's Race for the Cure.

Get involved in Upcoming Events:

The Northern Plains Comprehensive Cancer Control Program (NPCCCP) plans to honor loved ones lost to cancer

at the Black Hills Pow Wow, October 10-12, 2008. During the Pow Wow, "Cancer Memorial Book" names will be read, a drum group will sing an honor song, and a blanket dance will be held in memory of Carole Anne Heart.

NPCCCP is also hosting the 3rd Northern Plains Native American Cancer Summit, October 20-22nd in Mandan, ND. For more information or to register for the Summit please contact Leah Frerichs at epifrerichs@aatchb.org, 605-721-1922 ext. 110 or online at: <http://www.aatchb.org/epi/cancersummit08.htm>.

Northern Plains Tribal Epidemiology Center

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To:

“Hecel oyate kin nipi kte” - So that the people may live

Upcoming Events/Calendar (Oct - Nov - Dec)

Changes and Challenges in Diabetes Care; Oct. 9-10, Spearfish, SD; contact: Geri or JoAnn at 605.720.7117

He Sapa Wacipi Na Oskate; Oct. 10-12, Rapid City, SD; www.blackhillspowwow.com

Conducting Research with American Indian /Alaska Native Communities in the CTN; Oct. 21, Bethesda, MD; contact: Carmen Rosa at crosa@nida.nih.gov

National Congress of American Indians (NCAI) Annual Conference, Oct. 19-24, Phoenix, AZ; www.ncai.org

3rd Northern Plains American Indian Cancer Summit, Oct. 20-22, Bismarck, ND; contact: Leah Frerichs at 1.800.745.3466 or epifrerichs@aatchb.org

National Indian Education Association (NIEA) Annual Convention, Oct. 23-26; Seattle, WA; www.niea.org

American Public Health Association, Oct. 25-29, San Diego, CA; <http://www.apha.org/meetings/>

NPTEC/NARCH CSAC (Community Science Advisory Committee) Face to Face Meeting, Oct. 29-30, Rapid City, SD; contact: Sayaka Kanade at epikanade@aatchb.org

The Community Wellness Championship Forum; Nov. 4-6, Aberdeen, SD, contact: Janelle Trottier or Carol Slaba at 605.226.7306 or www.goodhealthtv.com/champions/

Lakota Dakota Nakota Language Summit; Nov. 11-13, Rapid City, SD; contact: mike@tuswecatiospaye.org

IHS Consumer Conference; Nov. 19-20, (Location TBD); contact Rick at 605-226-7584

NARCH VI Grants Announcement, Dec. (Date TBD); contact: Dr. Adeola Jaiyeola at drajaiyeola@aatchb.org

Lakota Nation Invitational, Dec. 17-20, Rapid City, SD